

*The  
Little Book  
of  
Palmistry  
by  
Amber Garnet*



Amber Garnet is a palm reader, psychic and healer with 20 years experience.

Her genuine readings include palmistry, tarot, Reiki, clairvoyance and tea leaves.

She regularly teaches and writes on the subject of palmistry, and reads at numerous private and public events.

As featured on BBC Radio 4, BBC3, BBC Persian TV, in Kindred Spirit, Soul & Spirit, Spirit & Destiny, Le Cool, Time Out and The Independent.

*"I was a little bit taken aback at how accurate and spot on you were. I had a fantastic experience."*

*"Excellent. Wow factor. Your reading was mind blowing. I went back home thinking of all you said."*

*"My deepest thanks. Your healing today was very strong."*

*"I have never felt anything like it before. I would have quite happily stayed for longer!"*

*"Really accurate and affirmative, positive and amazing"*

*"Thank you for the reading, you are amazing Amber, and you have a true gift."*

*"I was amazed and impressed by the reading."*

*"Thank you very much. I was really impressed; what you said was all true."*

Names and addresses supplied.

*"Young and cool with highly tuned sixth sense."*

**LOOK magazine, July 2010**

*"Amber's reading was so accurate."*

**Psychic 'makeover' in Spirit & Destiny, July 2010**

*"Very accurate. Positive, life affirming stuff."*

**Kindred Spirit, August 2009**

*"Palmstress extraordinaire... So much fun."*

**Le Cool, April 2009**

*"Unpretentious and sincere... She charts the last ten years of my life with uncanny precision. I think, 'This girl is good'."*

**Islington Now, March 2009**

*"All the feel good factor of a therapy session, the indulgence of a massage and the wisdom of your oldest, bestest friend in one."*

**Katy Regan, Marie Claire, March 2007**

*"I'm impressed." Jonathan Cainer, 2007*

Palmistry has a rich, if controversial, history. Widely practised in China 5000 years ago, it has since enjoyed significance in many civilisations (Egypt, Persia, Greece) as well as most major world religions (Hinduism, American Indian, Islam and Christianity).

Today, pioneering studies by academics and medics continue to indicate that a hand's shape, contours and lines are an accurate reflection of character, health, inner/outer worlds, abilities and potential.

**PIONEERING RESEARCH IN AMERICA 2000S**

**1900S**

**VICTORIAN REVIVAL IN UK & US 1800S**

**EUROPE 1200AD**

**RENAISSANCE GREECE 1400-1700**

**EGYPT (GYPSY!) 6AD**

**ARABIA & PERSIA 6AD**

**INDIA 2000 BC**

**CHINA 3000 BC**

**JAPAN KOREAN HAND MASSAGE**

Palms are a powerful transmitter of data to and from the brain. The healing energy conducted through our palms is key to many forms of alternative medicine, including Reiki, Tui Na, energy massage, Kinesiology, Acupressure, Craniosacral Therapy and Shiatsu.

For details of upcoming palmistry workshops please visit:  
[www.ambergarnet.co.uk](http://www.ambergarnet.co.uk)



Palmistry is a tool for scientific character analysis and intuitive guidance. It helps clarify personal issues, increase confidence and raise awareness of:

- Trends: past, present, future.
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- Life purpose, lessons and 'school'.
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- Potential, talents and abilities.
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- Career development.
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- Behaviour, attitudes and focus.
  -
- Personality and sexuality.
  -
- Health, emotions and well-being.



## PRIVATE READINGS

Amber's consultations are non-judgemental, impartial and emphasise personal empowerment.

Sessions combine palmistry, tarot, Reiki and clairvoyance in one hour, and are by appointment only in Clerkenwell, London.

Sessions are at 3.30pm, 5.00pm and 6.30pm Tuesday to Friday, and from 2.00pm Saturdays.

A high quality recording is provided.

Reiki healing is also available.

See website for full details.



*"You were Absolutely Fabulous!! Thank you ever so much, people are still talking about it..."*

**Susan Gormley, Genesis Investment LLP, 2009**

*"Thanks again for making the party into such a huge success. I can't tell you how many wonderful comments I have had back."*

**Harriet Wright-Morris, Manager, D Group, 2009**

*"So fabulously entertaining and interesting we had to turn journalists away! I would happily recommend her."*

**Mike Reading, Account Manager, Slice PR, 2009**

*"Thank you very much... You were a total hit with everyone and the talk of the party."*

**Claire Syrett, Manager, Curious London, 2008**



## EVENTS

Amber gives quick fire insights when mingling or "mind-blowing" readings when seated.

Even sceptics are intrigued!

Events include birthdays, anniversaries and staff incentives, as well as festivals.

Clients: Metro, Hello, Sony, The Langham, 40 Winks, Juicy Couture and Sonia Rykiel.

See website for full details.



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All voicemails and emails regarding  
event bookings are replied to within  
24 hours, or next working day.